

ISSN: 3029-0716

Review Article

# **Journal of Infectious Diseases & Treatments**

# A Global Review of Invasive Haemophilus Influenzae Diseases from 2000-2023: A Systematic Review of Current Status, Challenges, and Future Perspectives

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Received: October 21, 2025; Accepted: October 28, 2025; Published: November 04, 2025

#### ABSTRACT

Background: Haemophilus influenzae is a causal agent of invasive bacterial diseases that affect both children and adults. H.influenzae is a pleomorphic gram-negative coccobacillus and it is a common commensal of the upper respiratory tract. It is a human-only pathogen that can cause severe invasive diseases. These bacterial infections can range from mild, such as ear infections, to severe, such as bloodstream infections. The infections typically affect children younger than 5 years old and old age person older than 65 years. They also affect people who are immunocompromised, such as those with certain medical conditions. The highest incidence rates of invasive H.influenzae disease have recently been discovered in various nations, including North America, Canada, and parts of Europe. To monitor the evolving nature of invasive H.influenzae disease critically reviewed data is required to capture the true status of invasiveness of the H. influenzae disease. Developing new vaccines against H.influenzae is a potential solution to protect some vulnerable populations against the invasive disease due to this bacterial species.

Materials & Methods: Since there were not sufficient articles before 2000, we restricted the publication period and examined invasive H. influenzae illness from March 1, 2000 to March 1, 2023. This systematic review was conducted using English databases, PubMed and Google Scholar, to fully extract all pertinent articles published worldwide

**Findings:** A total of 545 articles were recognized in electronic databases, among them eleven articles meeting the inclusion criteria were reviewed in this research. Nearly every country in the European WHO Region included the Hib vaccine in their suggested NIPs. Between 2007 and 2014, 12 European nations reported 10, 624 cases of invasive H. influenzae infection.

Conclusion: this review suggests that an extensive surveillance system that collects information on serotype, genotype, immunological characterization, and vaccination status is required to follow the trends described in this Review and eradicate H. influenzae illnesses and their global impacts.

This review article thoroughly investigates recent and up-to-date biomedical science perspective development, innovation, findings, publications and current areas of scientific interest and gap including pathogenicity, diagnosis, multidrug-resistance, Molecular characterization and genetic evolution, epidemiology and immunological characteristics of H. influenzae, including specific current issues that are affecting the research and development of vaccines to treat H.influenzae non-serotype b diseases and providing insight into how these problems may be overcome.

**Keywords:** Haemophilus Influenzae, Serotype, Invasive Diseases, Bacterial, Infections

## **Abbreviations**

H. influenza : Haemophilus Influenzae

NTHi : Non-typeable Haemophilus Influenzae

Hib : H. influenzae type b

### Introduction

Haemophilus influenzae is one of the causative agents of invasive bacterial pathogens that affects both children and adults. It was once the main cause of meningitis and other diseases of the respiratory system, but because of a highly efficient conjugate vaccine, the frequency of meningitis brought by this bacterium has significantly decreased. This disease continues to be a significant contributor to childhood sepsis, otitis media, sinusitis,

Citation: Abas Mahammed, Destaw Damtie, Tirusew Sema. A Global Review of Invasive Haemophilus Influenzae Diseases from 2000-2023: A Systematic Review of Current Status, Challenges, and Future Perspectives. J Infect Dise Treat. 2025. 3(4): 1-10. DOI: doi.org/10.61440/JIDT.2025.v3.47

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conjunctivitis, and other upper respiratory tract infections. Adults who have chronic obstructive pulmonary disease are more at risk for pneumonia due to invasive H. influenzae diseases [1,2].

The pleomorphic, Gram-negative coccobacillus H. influenzae is commonly found in the upper respiratory tract. It affects only humans and is known to live in the nasopharynx and oropharynx of healthy people. This pathogen has been shown to cause serious invasive illnesses. H. influenzae is classified into encapsulated (a-f) and unencapsulated or non-typeable (NTHi) strains. The genetically varied NTHi strains can invade the nasopharynx and induce local mucosal infections, while encapsulated serotypes can result in invasive diseases. In contrast, non-Hib typically causes opportunistic infections. Hib is responsible for more than 80% of invasive infections, mostly in healthy children under the age of five. The NTHi generates a significant amount of H. influenza infections; however, Hib strains are thought to be more harmful since they also cause many noninvasive infections, including otitis media and sinusitis. Presently, NTHi is the primary cause of invasive H. influenzae disease in the European Union or European Economic Area (EU/EEA) and other parts of the world. The extra growth factors, X (hemin) and V (nicotinamide adenine dinucleotide), are required for the fastidious Gram-negative coccobacilli Haemophilus species, maybe in combination. Only humans carry H. influenzae, which colonizes their noses, throats, and, to a lesser extent, their conjunctivae and genital tracts [3-10].

The WHO lists H. influenzae as one of the top 12 priority pathogens because of its potential to spread serious invasive, fatal diseases. Vaccination programmes are in place in Ontario as well as other places; consequently, the prevalence of Hib infection is extremely low. However, there is still a lack of knowledge regarding the epidemiology of non-Hib serotypes and NTH. H. influenzae pathogenesis is mediated by its antiphagocytic capsule and endotoxin, with most infections occurring in children aged six months to six years. NTHi subtypes lack these characteristics, allowing bacteria to proliferate more without an anti-capsular antibody. Research on host-pathogen interaction in NTHi patients is ongoing, with NTHi utilizing various host proteins to mediate colonization, maintain adhesion, and enter host cells. Protein D, present in all H. influenzae, affects ciliary function and increases the ability to generate otitis media, contributing to respiratory tract infections. A genomic study has found that capsulated H. influenza strains cluster into serotypespecific clusters or clonal populations, while non-typeable strains exhibit significant genomic diversity. NTHi serotype is becoming a significant invasive pathogen. The increased prevalence of NTHi as a major cause of invasive disease among indigenous tribes in North America is a major cause of invasive disease in patient populations where infection is associated with high rates of morbidity and mortality [11-14].

NTHi invasive infections have increased globally, with bacteria and pneumonia often linked to NTHi infection in adults. NTHi accounted for over 70% of all invasive H. influenzae diseases in the US from 2008 to 2019 [14-17]. The prevalence and pathogenicity of NTHi in serious lower respiratory diseases like pneumonia, bronchiectasis, cystic fibrosis, and chronic obstructive pulmonary disease are under increasing

scrutiny. Typeable strains are because of systemic illnesses like meningitis, while NTHi lacks a capsule and are primarily mucosal infections [14,18]. NTHi lacks the CPS and cannot be categorized by serotyping. The number of invasive NTHi cases has increased globally. The invasive H. influenzae disease is still evolving, primarily in the elderly, and scientists are concerned about 76% of Hib cases among children who have received two or more doses of the vaccine [18-21].

H. influenzae non-b serotypes, such as type a (Hia), f(Hif), and e(Hie), are becoming significant invasive pathogens, particularly in Indigenous tribes in North America and in patient populations with high rates of morbidity and mortality [8,14,18]. Other non-Hib capsulated serotypes have also been reported as generating invasive infections over the past two decades. A bivalent Hia-Hib capsular polysaccharide-protein conjugate vaccine might provide defence against these two significant serotypes[8]. Alaska and Northern Canada have reported high rates of Hia illness, particularly among Indigenous people. The capsule's structure, which includes three areas, is a significant virulence factor. A vaccine is needed to safeguard infants in these areas [13, 22].

Research on the lipooligosaccharide of H. influenzae has focused on its structural and compositional features for bacterial virulence [1]. However, the function of LOS in activating innate and adaptive immunity is still poorly known. Encapsulated strains have a greater capacity to produce invasive illness due to the capsule inhibiting complement-mediated bacteriolysis [23]. The age distribution is attributed to a decline in maternal IgG in children and the inability to generate sufficient antibodies against the polysaccharide capsular antigen until around 2 years. Effective Hib vaccines have been developed by covalently attaching the PRP capsule to a carrier protein, recruiting T-cell assistance for the polysaccharide immune response and stimulating anti-PRP antibody formation even in the first 6 months of life. H. influenzae is a common bacterium found in various respiratory illnesses, and various assays and techniques can be applied to measure the respiratory immune/inflammatory response. Adult patients with chronic renal failure are more likely to develop invasive Hib illness [23,24].

For this review. The most recent studies on the serotype epidemiology, pathobiology, molecular features, and immunology of the invasive H. influenzae disease have been assembled from all around the world. It also covers preventative measures, infection control methods, and risk factors for invasive infections.

# Methods

# Search Strategy

Since there were not sufficient articles before 2000, we restricted the publication period and examined invasive H. influenzae illness from March 1, 2000 to March 1, 2023. This systematic review was conducted using English databases, PubMed and Google Scholar, to fully extract all pertinent articles published worldwide. In the search, we used the following keywords: "Invasive Haemophilus", "Invasive Bacteria", "H. influenzae molecular character", "Hi genetic character", "Hi virulence factor", "Hi Epidemiology", "Invasive Haemophilus Influenza",

and "Hi pathogenesis". Due to numerous studies on these topics, we also included "Hi Immune response", "Hi Serotype OR", and "Hi Invasive strains" to our list of key terms. The references that matched the eligibility requirements were studied with the full text.

#### **Selection Criteria**

Only empirical research with available full-text published in peer-reviewed journals was included. We excluded case reports, dissertations, conference proceedings, reviews, and commentary papers. All publications were searched, but studies evaluating vaccines, non-human studies, and veterinary studies were excluded. The scope of our study was broadened to include the entire world because there has not been enough research on the burden of disease in every country. H. influenzae genetic characteristics, immune response, molecular characteristics, and epidemiological studies were all reviewed, and laboratory studies on bacteria used in weak clinical evidence, vaccine trials conducted on specific patient's immunity, populations or genes that were only studied in vitro and without strong scientific support were excluded. To provide a thorough summary of the research progress, we reviewed all studies of invasive H. influenzae disease, including global epidemiology, immune responses, pathobiology, molecular and genetic character, which also discuss risk factors for invasive infection, prevention and control measures, and the need for further research or methodological gaps. A careful and relevant assessment of the epidemiology of invasive H. influenzae infections nowadays worldwide in several parts of the world is also provided in this paper.

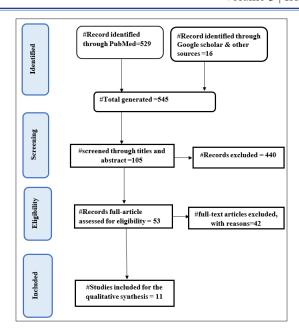
## **Study Selection Process**

The Endnote version 21 reference management system was used to import and then eliminate duplicate entries for literature that was exclusively acquired from English-language databases. The initial title screening was followed by an abstract screening to identify all retrieved studies. The WHO text was examined for eligibility if the information in titles or abstracts was insufficient to determine whether to include or exclude a study we also looked through each paper's references to see whether there was any other research that our database searches might have overlooked. Figure 1 depicts the selection process for the study.

# **Findings**

# Global Epidemiology of Invasive h. Influenzae Disease

Before vaccinations were developed, the combined yearly average incidence of invasive Hib disease in children under the age of five was 40% in Asia, 41% in Europe, 60% in Latin America, and 88% in the United States [14]. Due to the sporadic nature of the disease and the absence of global monitoring programmes that are systematic and thorough, the data on the global epidemiology of invasive H.influenzae disease are insufficient. H.influenzae disease infection is present in specific geographic regions and people, according to the examination of published studies on invasive Hia disease and Hia carriage. Currently, locations with a disproportionately high proportion of indigenous peoples, such as the North American Arctic, the Southwest of the United States, and northern and western Canada, have the greatest incidence rates of invasive Hia disease [8,25].



**Figure 1:** Flowchart for selecting eligible studies on Invasive H. influenzae diseases

A considerable reduction in the prevalence of Hib disease has been observed everywhere the immunization has been used. In children under the age of five, Hib was estimated to have caused around 8.13 million cases of serious illness and 371,000 mortality annually. Between 2000 and 2015, there were 340,000 cases of Hib meningitis, pneumonia, and no pneumonic bacteremia in children under the age of five, with 29,800 deaths globally. Hib deaths decreased by 90% between 2000 and 2015. India was responsible for the majority of Hib-related mortality with 15,600 fatalities.3600 individuals were murdered in Nigeria.3400 people died in China, while 1000 died in South Sudan[14].

Currently, only a small number of countries where Hib vaccination is either not freely available or is not available at all bear the burden of invasive Hib disease. High immunization rates and efficient surveillance programs for Hib disease are crucial for preventing the spread of invasive Hib disease[8]. However, concerns were raised that other capsulated serotypes of H. influenzae might take over the ecological niche that Hib once occupied and develop into significant sources of invasive disease after the Hib vaccine was introduced. The highest incidence rates of invasive H. influenzae disease have recently been discovered in various nations, including North America, Canada, and parts of Europe. The epidemiology of invasive H. influenzae disease due to Hib strain has significantly changed since the Hib conjugate vaccine was launched more than 20 years ago [26].

Native Americans in North America, Arctic Inuit and Eskimo, and Aboriginal Australians. Studies on population-based surveillance show that there are between 40 and 100 cases of invasive Hib illness per 100,000 children under the age of five in the USA. The annual incidence of H. influenzae meningitis was eight times greater among White Mountain Apache youngsters than in the US population as a WHO). In Alaska, Eskimo children had an invasive Hib illness incidence that was 5.5 times greater than that of non-Native children. Although Hib was the predominant H. influenzae serotype that caused

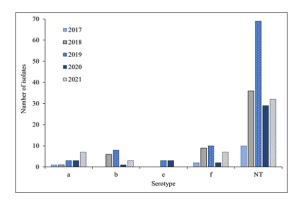
invasive disease globally, Hia was responsible for several cases in populations including White Mountain Apache Indians, Australian Aboriginals, and Papua New Guineans. More than 70% of instances of invasive H. influenzae illness are currently caused by NTHi [27,28].

Although invasive Hib diseases have significantly decreased as a result of the routine use of Hib conjugate vaccines, H. influenzae remains a significant cause of invasive disease, primarily sustained by non-vaccine preventable strains[13]. Figure 2 shows Hib Vaccination coverage by WHO by 2021.

The Hib vaccination has been introduced in all of the nations in the WHO Region of the Americas. In 2020, 85% of people have received the recommended three doses of the Hib vaccine. The recurrence of invasive HI illness from 14 different countries. Of these isolates, 44% were caused by NTHi, 28% by Hib, and 7.9% by other capsulated serotypes [14,29].

Between 2016 and 2018, Finland experienced 231 cases of invasive H. influenzae infection, with an annual frequency of 1.3 to 1.6/100,000 persons. The majority of the cases (79.2%) were NTHi, followed by Hif (12.6%), Hib (3.5%), and Hie (3.0%). Risky adults were those between the ages of 27 and 79.

Invasive H. influenzae disease has an annual incidence of 0.28 per 100,000 people in Italy from 2017 to 2018, with a rate of 0.77 per 100,000 for children under the age of 5 (118). NTHi was responsible for the majority of instances (76.1%), whereas Hib and Hif each contributed 11.5% brought on by non-type b strains that have been observed in other parts of Europe, North America, and Australia[14,19]. Table 1 shows Global Invasive H.influenzae trends since the introduction of the serotype b vaccine.



**Figure 2:** Number of Hi Serotypes per year in 245 invasive H. influenzae isolates from Norway from 2017-2021 [30,31]

Table 1: Global Invasive H.influenzae trends since the introduction of the serotype b vaccine

Hi serotype	WHO region*	Country	Year	Specimen	Method used**	Changes in incidence	Incidence per 100,000*a	Vaccine	Ref
Hia	AFRO	Sosouth Africa	2017	Blood	SA+PCR	Increased	2.9	No	[33]
		Gambia	2013	Blood	SA+PCR	Not known	10	No	[34]
	AMR	USA	2015	Blood, CSF	SA or PCR	Increased	8.3	No	[14]
		Canada	2021	Blood, CSF	SA+PCR	Increased	8.9	No	[35]
		Brazil	2000	Blood	Not reported	Increased	0.16	No	[14]
		Portugal	2018	Blood,	PCR	Increased	2.7	No	[21]
		Japan	2007	Blood	SA or PCR	Increased	4.3	Yes	[27]
		Singapore	2007	Blood	PCR	Decreased	4.4	Yes	[27]
		Taiwan	2000	Blood	PCR	Decreased	3.2	Yes	[27]
		Indonesia	2005	Blood	PCR	Increased	67	Yes	[27]
	WPR	Australia	2013	Blood, CSF	SA+PCR	Increased	14.9	Yes	[29]
		China	2015	Blood	SA or PCR	Increased	74	Yes	[14]
		Hong Kong	2015	Blood	SA+PCR	Increased	2.7	Yes	[14]
		Mongolia	2008	Blood	PCR or SA	Decreased	2	Yes	[14]
Hic	AFR	South Africa	2017	Blood	PCR or SA	Not reported	1.13	No	[33]
		Gambia	2013	Blood	PCR or SA	Not reported	2	No	[34]
Hid	AFR	South Africa	2017	Blood	PCR or SA	Not reported	0.31	No	[33]
		Gambia	2017	Blood	PCR or SA	Not reported	2	No	[34]
	AMR	Canada	2018	Blood, CSF	SA+P CR	Not reported	0.1	No	[21]
Hif	AFR	South Africa	2017	Blood	SA+PCR	Not reported	3.2	No	[33]
		Gambia	2013	Blood	SA+PCR	Not reported	2	No	[34]
	AMR	Canada	2018	Blood,	SA+PCR	Increased	10.2	No	[21]

Hi serotype	WHO region*	Country	Year	Specimen	Method used**	Changes in incidence	Incidence per 100,000*a	Vaccine	Ref
Hif	WPR	Australia	2013	Blood, CSF	SA+PCR	Increased	10.6	No	[21]
	EURO	England	2018	Blood	SA+PCR	Increased	8.3	No	[21]
		Germany	2018	Blood	Not reported	decreased	9.8	No	[14]
		Finland	2018	Blood	SA+PCR	Increased	12.6	No	[21]
		Portugal	2018	Blood,	PCR	Increased	3.1	No	[21]
		Italy	2018	Blood	SA+PCR	Increased	4.6	No	[14]
		Ireland	2018	Blood	SA+PCR	Increased	7	No	[36]
		Sweden	2009	Blood, CSF	PCR	Increased	57	No	[74]
		Ireland	2018	Blood	SA+PCR	Increased	7	No	[36]
Hie	AFR	South Africa	2017	Blood	SA+PCR	Increase	0.31	No	[33]
		Gambia	2013	Blood	Blood, CSF	Not known	2	No	[34]
	WPR	Australia	2013	Blood	SA+PCR	Increased	14.9	No	[21]
	EURO	Germany	2018	Blood	SA+PCR	Not reported	2.4	No	[14]
		Portugal	2018	Blood, CSF	PCR	Increased	1.5	No	[21]
		Ireland	2018	Blood	SA+PCR	Increased	6	No	[36]
	AFR	Gambia	2013	Blood	SA+PCR	Not known	30	No	[34]
		South Africa	2017	Blood	Not reported	Increased	64	No	[33]
	AMR	Canada	2018	Blood,	SA+PCR	Increased	74.2	No	[21]
		USA	2023	Blood	SA+PCR	Increased	92	No	[37]
NTHi	SEA	Taiwan	2002	Blood	SA	Not Known	80	No	[30]
	EURO	Italy	2018	Blood	SA+PCR	Increased	76.1	No	[21]
		Germany	2018	Blood	Not reported	Increased	84.5	No	[21]
		Hungary	2018	Blood	SA+PCR	Increased	79	No	[14]
		Portugal	2018	Blood	PCR	Increased	79.2	No	[21]
		Finland	2018	Blood	SA+PCR	Increased	79	No	[21]
		Ireland	2018	Blood	SA+PCR	Increased	83	No	[36]
		Sweden	2009	Blood	PCR	Increased	71	No	[14]
		Spain	2013	Blood	SA	Increased	85	No	[30]
		Slovenia	2008	Blood	PCR	Increased	85	No	[30]

<sup>\*</sup> Incidence rates were calculated based on population denominators provided and are expressed as cases per 100,000 population.

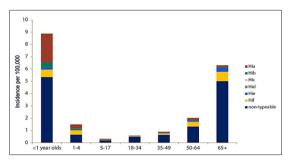
# **European Region (euro)**

Nearly every country in the European WHO Region included the Hib vaccine in their suggested NIPs.Between 2007 and 2014, 12 European nations reported 10, 624 cases of invasive H. influenzae infection. Information on the serotyping of 83% of the isolates was available. A population of 78% NTHi, 9% Hif, 3% Hie, and 9% Hib was present. Serotype information was available for 9,117 (80.5%) of the isolates, of which 10,081 instances of invasive H. influenzae infection were reported based on data gathered and 4.6% [14,32]. From 2011 to 2018, 260 invasive H. influenzae isolates were characterized in Portugal: The results show that NTHi 206 accounts for 79.2% of the sample, while Hib makes up 13.5%. Hif, Hia, and Hie each make up a smaller percentage, with 8, 7, and 4 occurrences respectively. The NTHi strains were mostly isolated from adults (78.2%), especially those over 65. H. influenzae infections in children were mainly

caused by NTHi, accounting for 56.3%. Among the capsulated strains that caused infection in preschool-aged children, Hib, 7 Hia, 2 Hif, and 1 Hie were the majority [14]. In France, a nation with a high Hib vaccination rate of 98% over the past ten years, the number of invasive Hib cases nearly doubled in 2018 from the previous year's average of 10 (94). At least 10 vaccine failures occurred, and the majority of instances involved children under the age of five. The most prevalent serotype in France was serotype f, while invasive isolates also contained serotypes b and a. A capsule switching event between serotypes B and C was suggested by Whole Genome Sequence analysis. There was significant heterogeneity in non-typeable isolates. According to reports, this area's hib vaccine failed [14]. Figure 3 shows the Number of Hi Serotypes per year in 245 invasive H.influenzae isolates from Norway from 2017-2021[33,34].

<sup>\*\*</sup>PCR-Polymerase Chain Reaction; SA-slide agglutination

There were invasive Hib diseases in both Eastern Europe and Central Asia, but the data on their incidence are scarce.



**Figure 3:** Depicts the estimated incidence rates (per 100,000 people) of invasive H. influenzae illness by serotype and age in the United States from 2016 to 2020 [34]

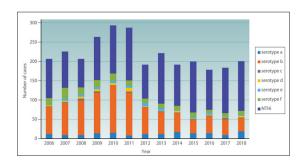
# African Region (AFR)

In 2018, 327 cases of invasive H. influenzae infection were found by the South African Monitoring Programme (GERMS), of which 201 produced isolates for typing. 64% were NTHi, while 17% were Hib. Number of cases of invasive H.influenzae infection, by serotype, reported to the National Institute of Communicable Diseases (NICD), South Africa, 2006 to 2018 [35]. Other capsulated serotypes made up 12% of the total. Hib isolates were In contrast to NTHi isolates, Hib isolates were more likely to come from meningitis cases. Children under the age of five had the highest prevalence of invasive H. influenzae infections (of all types), with adults between the ages of 25 and 44 seeing a second peak. The incidence of NTHi peaked in people over 65 years old, with babies experiencing the highest rates [14]. The monitoring in Eastern Gambia found 57 cases of invasive H. influenzae infection, of which 42% were Hib, 30% NTHi, 18% Hia, 2 were Hic, Hid, Hie, or Hif, 2 failed to grow on cultures, and 2 were unrecoverable. While NTHi mainly manifested as bacteremia pneumonia, 14 of the Hib infections (58% of them) were cases of meningitis. NTHi has become a substantial cause of meningitis in Côte d'Ivoire, according to Boni-Cisse et al., which is interesting. The WHO African Region's 47 member nations have all adopted Hib conjugate vaccines into their national immunization programmes (NIPs), and the average three-dose Hib coverage was 73% on average, with significant regional variation[31,36]. Ethiopia introduced the NIP against H.influenzae and made the Hib conjugate vaccine accessible in 2007. In 2019, Ethiopia had a 68% hib3 coverage rate. The Hib immunization rate in Ethiopia was 50% in 2008. Children's meningitis and pneumonia are most frequently brought on by Hib in Ethiopia. The Federal Democratic Republic of Ethiopia's Ministry of Health has been working to provide these immunizations to Ethiopian children with cooperation from the WHO Country Office [14,22]. H.influenzae strain can cause Meningitis which is a major public health problem All over the world. The African Meningitis Belt, which is known for its high risk of outbreaks of meningococcal and pneumococcal meningitis, is the region with the highest incidence of meningitis disease in Sub-Saharan Africa [37]. In this region, particularly Ethiopia, there is not enough research associated with other H. influenzae encapsulated non-serotype b and NTHi strains. It is unknown how prevalent Hi disease is in Asia and Africa. Many African nations that have no comprehensive studies of invasive H influenzae illness or serotype data.

## Region of America (AMR)

In this region, the prevalence of invasive H. influenzae is rising. H. influenzae serotypes and NTHi must be evaluated for incidence and antibiotic susceptibility. Hib vaccination has been introduced in all countries in the WHO Americas Region. In 2020, three doses of Hib vaccination provided 85% coverage In Navajo, White Mountain Apache, and Alaska Native children, the occurrence of invasive Hib illness was significantly higher. Among American Indian and Alaska Native youngsters, the prevalence of Hia disease has grown [14,28]. Infections with Hia have also been reported in several Caribbean and South American nations, including Columbia, Venezuela, Argentina, and Cuba, with the majority of cases coming from Brazil. Salvador, Brazil, reported a rise in cases of Hia meningitis in children under the age of five during the first year of routine Hib immunization, although this does not seem to have persisted over the following years.

Following the implementation of the Hib vaccination in Paraguay, invasive Hib infections in children under the age of five decreased, but there was a corresponding rise in invasive NTHi infections in older children and adults. Other H. influenzae serotypes or NTHi have little information available [14]. Invasive non-Hib illness has become more common over time; NTHi, Hif, and Hia are developing pathogens in this region. H.influenzae type a (Hia) has emerged as a serious source of severe invasive disease in Indigenous communities in North America. [8]. Figure 4 depicts the estimated incidence rates (per 100,000 people) of invasive H. influenzae illness by serotype and age in the United States from 2016 to 2020 [37]. Figure 5 depicts (a) Invasive non-b encapsulated Hi disease cases reported in Alaska from 2006 to 2017 by serotype. (b) Invasive non-B encapsulated Hi disease cases were reported in Northern Canada from 2006 to 2017 by serotype [3]. Shows the Incidence of invasive H. influenzae illness in Ontario, displaying single infection events by serotype from 2014 to 2018 [38].

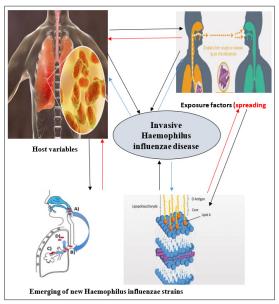


**Figure 4:** Number of cases of invasive H.influenzae infection, by serotype, reported to the National Institute of Communicable Diseases (NICD), South Africa, from 2006 to 2018 [35]

# South-East Asian region (Sear)

After 2009, Hib vaccination was made available throughout The WHO South East Asia Region. Thailand was an exception, as the Hib vaccine was accessible on the private market since the late 1990s despite being included in the NIP in 2019 as a 3-dose primary course without a booster dose. Although rates vary greatly between nations, the Southeast Asian region had an average coverage of 89% for three doses of the Hib vaccine in 2019. There isn't much reliable data on the invasive cases of pneumonia and bacteremia or sepsis in the region, and there are few on the

occurrence of invasive illnesses. In general, little information is available on the effect of Hib vaccine introduction on invasive H. influenzae disease in the WHO South-East Asian Region. Invasive Hia disease has not been studied in Asia or Africa. In the majority of Asian and African nations, there are no systematic studies of invasive H.influenzae illness or serotype data [14,39].



**Figure 5:** Multifactorial factors behind emerging invasive H. influenzae Recently (render)

# Eastern Mediterranean region (EMr)

The Hib vaccine has been made available in every nation in the WHO Eastern Mediterranean Region. The average coverage of three Hib vaccination doses in 2019 was 82%. According to a recent study, there were Hib complaints from Pakistan (45.7), Saudi Arabia (16.9), Qatar (2.24%), Egypt (39%) and Jordan (27%). Data about non-serotype b strains of Hi is limited in this area. The advent of NTHi or non-b serotypes of H. influenzae-producing invasive illness in this region is currently poorly documented [14]. According to a study conducted by Farajzadeh Sheikh A et al. in 2021 in Iran 3 of the 11 H. influenzae isolates were type f, and 2 of the viruses were identified as Hib. 6 isolates could not be typed, though [40].

# Western Pacific Region (Wpr)

Invasive Hib disease is thought to have caused 370,000 cases and 3,800 fatalities in the Western Pacific Region in 2015. Between 2004 and 2017, a retrospective investigation was conducted in a tertiary hospital in Budapest, Hungary, and 34 adult invasive H. influenzae infections were discovered. The majority of cases (62%) began with pneumonia and were caused by NTHi (79%), followed by Hif (11%), Hia (5%), and Hib (5%). A third of the patients had underlying comorbid conditions such as cancer, diabetes mellitus, and cardiovascular disease and were under 65 years old [14].

# Discussion

All infants should receive the Hib vaccine before the age of six months, with a booster shot around the age of one. The vaccine is both safe and effective in preventing Hib. Antibiotics can be administered to those WHO have been in close contact with someone WHO has Hib disease as a preventative measure

to assist prevent them from contracting the illness The WHO advises that all routine paediatric immunization programs include the Hib conjugate vaccine. A three-dose primary series should be administered at the same time as the diphtheria, tetanus, and pertussis vaccines. In the second year of life, a booster boosts defence [14]. The poly ribosyl ribitol phosphate (PRP) polysaccharide from the Hib capsule is conjugated to a protein carrier in the Hib conjugate vaccine, which prevents invasive Hib illness and lowers nasopharyngeal carriage. The only public health measure that can stop the majority of serious Hib diseases is immunization. The poly ribosyl ribitol phosphate (PRP) polysaccharide from the Hib capsule is conjugated to a protein carrier in the Hib conjugate vaccine, which prevents invasive Hib illness and lowers nasopharyngeal carriage. Chemoprophylaxis should be made available to all room contacts, including staff, in the event of an epidemic (two or more cases of Hib illness within 120 days) at a preschool or primary school. All children WHO are immunized in part or not at all should receive their full primary immunization. People WHO are in close or prolonged contact with someone WHO has H. influenzae sickness risk contracting the illness. In close contact, a person with H. influenzae disease may occasionally need to take antibiotics to prevent getting ill [14].

## Virulence and Risk Factors of Invasive h. Influenzae

For some populations, ethnicity is a risk factor. The risk of invasive Hib infections is higher There is a disparity in health outcomes between different ethnic groups such as American Indians, Inuits, black Africans, Melanesians, and African Americans. The reason for this is uncertain and could be attributed to biological factors or other causes [14]. Both host variables and exposure factors can increase your risk of getting Hib illness. Family size, child care utilization, low socioeconomic position, parents with low levels of education, and siblings WHO are still in school are all exposure factors. Age (young and old ages with elevated risk), race/ethnicity (Native Americans with an elevated risk, possibly complicated by socioeconomic factors associated with both race/ethnicity and Hib disease), and chronic disease (including functional and anatomic asplenia, immunodeficiency virus infection, immunoglobulin deficiency, complement deficiency, and receiving chemotherapy or stem cell transplant) are all host factors. Breastfeeding and passively acquired maternal antibodies (for infants younger than 6 months) are protective factors [37]. inadequacies in the immune system, including a lack of mannose-binding lectins, infectious flaws in the vaccine or in the way it was administered or stored, maturational delays in immunological responses, and specific, tiny flaws in how the body responded to PRP [41].

Recently, it was shown that receiving a cochlear implant operation could increase your risk of developing invasive H.influenzae disease. Age and, more importantly, a lack of vaccination against Hib for non-Hib strains were in some cases risk factors for the development of invasive Hib disease. Household contacts of an invasive Hib case are more likely to contract the illness[14]. Due to the severe nature of invasive H.influenzae disease, it is crucial to investigate specific host factors, such as population genetics, patterns of natural immunity against this pathogen, and prevalence in populations with this disease, that may predispose some populations to infection. This type of data will be necessary for the creation of infection preventive and control methods Its

capsule, the adhesion proteins, pili, the outer membrane proteins, the IgA1 protease and, last but not least, the lipooligosaccharide, increase the virulence of H. influenzae by participating actively in the host invasion the host by the microorganism. Some of these factors are used in vaccine preparations[14, 42].

### Conclusion

Invasive NTHi and non-b strains of the H.influenzae are currently the main causes of the sickness, with small children and the elderly being the most common populations to contract it. Since the illness burden is still greatest in resource-poor countries, immediate action must be taken to guarantee that children living in locations where this vaccine cannot be used owing to financial and logistical restrictions benefit from its benefits [18, 43]. Due to the severe nature of invasive H.influenzae disease, it is crucial to investigate specific host factors, such as patterns of natural immunity against this pathogen, population genetics, and prevalence in populations with this disease that may predispose some populations to infection[14]. Due to the sporadic nature of the disease and the absence of global monitoring programmes that are systematic and thorough, the data on the global epidemiology of invasive H.influenzae disease are insufficient [25]. Non-type b strains have been seen causing invasive Hi disease in different regions of Europe, North America, and Australia [16]. Regarding invasive H.influenzae bacterial infections, this review includes the following information and knowledge gaps:

- Globally, H.influenzae continues to be a common invasive Bacterial pathogen that dramatically raises morbidity and mortality. However, still little is known about the global presence of this pathogen and its emerging pathogenic strains.
- For some populations, ethnicity is a risk factor. The risk
  of invasive Hib infections is higher in American Indians,
  Inuits, black Africans, Melanesians, and African Americans.
  Whether this is due to truly biological differences or other
  factors is not clear and needs further studies on these
  populations.
- NTHi, Hia, Hif, and Hie cause an increasing number of invasive illnesses, especially in children and elderly people. However, the immune response to non-Hib infection is poorly studied.
- Even though there is still no vaccine available for strains other than Hib. Immunization is necessary to guard against contracting invasive diseases brought on by nontypeable and other encapsulated strains of H. influenzae.
- H. influenzae can infect a person several times and a prior
  Hib infection could not protect you from a later infection.
  It is recommended to take the Hib vaccine even if one has
  already had Hib disease.
- The reasons for an increased susceptibility to NTHi, Hia, and Hif and Hie infection among some specific population groups are still unknown and need further research.
- Since NTHi pathogenicity is significantly rising, international scientific organizations need to raise awareness of the emergence of invasive Hi pathogenicity and characterize the pathobiology of this microorganism.

It is essential to understand the host-pathogen interactions in Hi patients to curb the spread of invasive NTHi and other Hi strains. Through a variety of host proteins, including the invasion of certain serum factors and direct adhesion to surface epithelial

cells, which disintegrates the extracellular matrix layer. Finally, this review suggests that an extensive surveillance system that collects information on serotype, genotype, immunological characterization, and vaccination status is required to follow the trends described in this Review and eradicate H.influenzae illnesses and their global impacts.

#### **Declaration**

### Acknowledgements

We would like to acknowledge Bahirdar University, Biomedical Science stream to Review This Review and suggest constructive comments. We didn't use any AI like ChatGPT and others.

Ethical Approval: Not applicable

Consent to Participate: Not applicable

## **Consent for Publication**

All authors reviewed the results and approved the final version of the manuscript. A preprint has previously been published [44-55].

#### **Authors' Contributions**

Study design & writing of the manuscript: Abas Mahammed. Revision of the manuscript: Destaw Damtie and Tirusew Sema.

## **Data Availability:**

All relevant data can be found within the manuscript.

# **Competing Interests**

The authors declare that they have no competing interests.

## **Funding**

This research received no specific grant from any funding agency in the public, commercial, or not-for-profit sectors.

# **Supplementary Information**

The online version contains supplementary material

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